



Pine Richland Soccer Club Summer Camp Hosted by QuickSkills Soccer

Covid-19 Mitigation Plan

Richland Township Community Park, Gibsonia PA – August 3-7, 2020

To limit the spread of COVID-19, QuickSkills Soccer in partnership with the Pine Richland Soccer Club will implement the following protocols for the soccer camp at Richland Community Park the week August 3-7, 2020. The protocols were established using State, County, and PA West Soccer guidelines.

Check-In Process

- Multiple check-in locations in the morning social distancing in those lines
- Players will be directed upon arrival or in a pre-arrival communication regarding specific check-in location
- Players and parents are required to wear masks during the check-in process
- Players will have their temperature checked each morning at check-in with an infrared thermometer – the threshold is 100.3 or below – anything above and players will not be able to participate and parent's will be encouraged to contact their physician
- Coaches will wear masks for check-in
- Players will be required to take a squirt of hand sanitizer during check-in unless allergic or other medical reason
- Parents and players will be asked to notify a staff member if they have been in contact with a person with COVID-19 or have a cough, fever, or loss of taste or smell

During Camp

- Training groups will be spaced out on the fields
- Staggered break times to avoid groups together at once
- Players will be asked to bring hand sanitizer and will be reminded to wash hands periodically throughout the day - we will have extra for those that forget to bring it
- When players are in their training groups they will each have a "personal home base" that will be a cone that is at least 6 feet from others so when they take short breaks they will be separated
- Players will be assigned scrimmage vests for the day that they cannot share one person use – they will be washed every day after camp
- Players will not be required to wear masks during playing or training activities because they are exercising, but may be asked to wear masks during at other times such as longer breaks or restroom breaks
- Coaches will wear masks all the time and may lower or temporarily remove them when communicating/coaching from a distanced position of greater than 8 feet - they will wear masks for closer interactions

- The players will be engaged in contact in small sided games and we will be limiting the number of active players at a time per group
- We will be disinfecting soccer balls periodically during the day (at least 3 times)
- No throw ins to minimize touching the soccer balls with hands it will happen of course because they are kids but we will minimize
- We will avoid large group huddles no high fives, fist bumps, handshakes etc.
- "Soccer" distancing in any short lines that are required for certain training activities
- Players will be reminded to bring their own hand sanitizer for use in facilities like portable toilets

After Camp

- Player will be reminded to shower or bathe immediately upon getting home
- Equipment will be washed/sanitized before the next use the following day

QuickSkills Soccer will adjust these protocols to adhere to any updated or changed guidelines from the state or local authorities.